Optimal Support Packets

Mannatech's **Optimal Support Packets (OSPs)** provide an advanced nutritional foundation for a healthy lifestyle. They are convenient for life on the go.

About Optimal Support Packets:

- **Carry OSPs** in your purse, briefcase or gym bag.
- **Hand them out** at the breakfast and dinner table.
- **Take them** on vacation without the hassle of carrying multiple bottles.
- **Keep** a box in your office drawer.

PhytoMatrix (2 caplets)

Formulated to deliver:

- **Natural** vitamin complex.
- **Plant-sourced** mineral complex.
- **Standardized** phytonutrients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Optimal Support Packets

Health Solutions

Ambrotose AO (1 capsule)

Formulated with powerful antioxidant support to help protect your cells against the harmful effects of:

- **Toxins***
- **Environmental stress***
- **Poor diet***
- **Daily physical stress***
- **Oxidative stress***

PLUS (2 caplets)

Includes nutrients that help support:

- **Breast, prostate, bone and colon** health.*
- The **natural function** of the endocrine, immune, nervous and cardiovascular systems.*

Inspired by Real Food Technology solutions, OSPs are the perfect complement to the Mannatech Optimal Skin Care System™ products.

Achieve health and wellness both inside and out!

Optimal Support Packets	Product Number	Member Price	Associate Price
56 Packets	19801	$133.26	$126.25

Supplement Facts

SERVING SIZE 1 PACKET (4 CAPLETS, 1 CAPSULE)

AMOUNT PER SERVING		% DAILY VALUE
Calories	20	
Total Carbohydrate	3 g	1%*
Dietary Fiber	1 g	4%*
Protein	2 g	
Vitamin A (as mixed carotenoids)	2500 IU	50%
Vitamin C (from acerola fruit extract and ascorbic acid)	55 mg	92%
Vitamin D (as plant source ergocalciferol)	200 IU	50%
Vitamin E (as mixed tocopherols)	33 IU	110%
Thiamin (from baker's yeast)	0.75 mg	50%
Riboflavin (from baker's yeast)	0.8 mg	47%
Niacin (from baker's yeast)	8 mg	40%
Vitamin B_6 (from baker's yeast)	1.1 mg	55%
Folic Acid (from baker's yeast)	200 mcg	50%
Vitamin B_{12} (as cyanocobalamin)	3 mcg	50%
Biotin (from baker's yeast)	75 mcg	25%
Pantothenic Acid (from baker's yeast)	2.75 mg	28%
Calcium	255 mg	26%
Iron	3 mg	17%
Iodine (from mustard sprout)	60 mcg	40%
Magnesium	7 mg	2%
Zinc (from mustard sprout)	7 mg	47%
Selenium (from mustard sprout)	80 mcg	114%
Copper (from mustard sprout)	0.8 mg	40%
Manganese (from mustard sprout)	1.2 mg	60%
Chromium (from mustard sprout)	120 mcg	100%
Molybdenum (from mustard sprout)	40 mcg	53%
Sodium	15 mg	1%
Ambrotose® Complex	336 mg	
Gum Arabic†, Xanthan Gum†, Gum Tragacanth†, Ghatti Gum†, Aloe Vera (inner leaf gel powder)†, Arabinogalactan (from Larix spp. wood)†		
Wild Yam Extract	400 mg	†
L-Glutamic Acid	400 mg	†
Glycine	400 mg	†
L-Lysine (as L-Lysine HCl)	400 mg	†
L-Arginine (as L-Arginine HCl)	200 mg	†
MTech AO Blend®	113 mg	
Quercetin Dihydrate†, Grape Skin Extract†, Green Tea Extract (leaf)†, Australian Bush Plum (Terminalia ferdinandiana) (fruit)†		
Beta-Sitosterol (from plant sterols)	50 mg	†
Rutin (from Japanese Sophora bud)	34 mg	†
Boron (from mustard sprout and boron glycine chelate)	2.4 mg	†
Vanadium (from mustard sprout)	40 mcg	†
Optimal Support Phyto-Blend	124 mg	
Broccoli Concentrate (floret)†, Cranberry Juice Concentrate (fruit)†, Grape Pomace Concentrate (fruit)†, Broccoli (flower/stalk)†, Brussels Sprout (aerial part)†, Cabbage (leaf)†, Carrot (root)†, Cauliflower (flower/stalk)†, Garlic (bulb)†, Kale (leaf)†, Onion (bulb)†, Tomato (fruit)†, Turnip (root)†, Papaya (fruit)†, Pineapple Juice Powder (fruit)†		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, mustard sprout, red algae, vegetable cellulose, croscarmellose sodium, stearic acid, modified starch, maltodextrin, silicon dioxide, citric acid, magnesium stearate, dextrin, corn starch, titanium dioxide (color), magnesium hydroxide, dextrose monohydrate, soy lecithin, sodium carboxymethylcellulose, ethyl cellulose. **CONTAINS SOY.**

Recommended adult Use: Take one packet with 8 fl. oz. of water or juice two times daily with meals. Not formulated for use in children.

Please read the product labels for detailed information.

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